








# TRIUMPH TAEKWONDO

## TENAFLY BRANCH

**EFFECTIVE DATE: Sep 16<sup>th</sup>, 2019**

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Toddler Beginner 3:30~4:00	Toddler Beginner 3:30~4:00	Toddler Beginner 3:30~4:00	Toddler Beginner 3:30~4:00	Toddler Beginner 3:30~4:00	Toddler Beginner 10:00~10:30
Toddler All Belts 4:00~4:30	Toddler All Belts 4:00~4:30	Children White, Yellow 4:00~4:40	Toddler All Belts 4:00~4:30	Toddler All Belts 4:00~4:30	Children White~Orange 10:30~11:10
Children White, Yellow 4:30~5:10	Children Blue, Navy 4:30~5:10	RED to BLACK BELTS 4:40~5:20	Children Orange, Green 4:30~5:10	Children Blue, Navy 4:30~5:10	Children Green Up 11:10~11:50
Children Orange, Green Blue 5:10~5:50	BLACK BELTS 5:10~5:50	Children Purple~Brown 5:20~6:00	Children White, Yellow 5:10~5:50	RED to BLACK 5:10~5:50	Teen / Family All Belts 11:50~12:35
<b>BBC CLUB DEMO TEAM 5:50~6:30</b>	<b>BBC CLUB 5:50~6:00</b>	<b>BBC CLUB DEMO TEAM 6:00~6:40</b>	Children Purple~Brown 5:50~6:30	<b>BBC CLUB DEMO TEAM 5:50~6:30</b>	
Children Navy Purple~Brown 6:30~7:10	Children White, Yellow 6:00~6:40	Children Orange~Green 6:40~7:20	CHILDREN SPARRING 6:30~7:10	<b>ALL BELTS 6:30~7:10</b>	Birthday Parties  1:30~3:00
Teen All Belts 7:10~7:55	RED to BLACK&RED 6:40~7:20	<b>Master Club 6:50~7:20</b>	 <b>Olympic Sparring Team 7:10~8:10</b>		Who is better to Help to celebrate your Child's birthday than the fun and enthusiastic instructors at our school? The 1-1/2 hour Party included With high energetic Class games and More. Make a Reservation.
<b>BBC CLUB 7:55~8:10</b>	Teen All Belts 7:20~8:05	<b>World Class Sport Pommsae Team 7:20~8:20</b>		Teen All Belts 7:10~7:55	
	<b>BBC CLUB 8:05~8:15</b>	Teen/Adult Class 8:20~9:10	Teen / Adult Class/Sparring 8:10~9:00		
Adult Class 8:10~9:00	Adult Class 8:15~9:05			Family/Adult Class 8:00~8:50	

### FOUR RULES!

1. BE HONEST 2. BE BRAVE 3. BE SMART 4. BE POLITE

### TRIUMPH TAEKWONDO FIVE ANSWERS!

1. YES SIR 2. THANK YOU SIR 3. YOU'RE WELCOME SIR 4. I'M SORRY SIR 5. YES, I CAN SIR